

Community Partner Agency Resources



ReWA
Empowering families,
strengthening communities



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Contact: www.ccsww.org

Main contact number: 206.461.4888

Mission: CCS and CHS answer the Gospel call to loving and compassionate service with particular concern for the sanctity of human life from conception to natural death and the dignity of the human person. Our employees and volunteers come from many faith traditions to serve and support poor and vulnerable people through the provision of quality, integrated services and housing. Our focus is on those individuals, children, families and communities struggling with poverty and the effects of intolerance and racism. We actively join with others to work for justice.

Eligibility: *Varies by program*

Services:

- Access to Success
- African American Elders
- Arise
- Alder Crest
- Adoption Services
- Aloha Inn
- Anger Management
- Emergency Assistance
- Faith
- Family Care
- First Nations Housing & Recovery Family Preservation System
- Foster Care
- Foster Grandparent Program

Access to Success:

Assists families in addressing financial, housing and employment issues, with the goal of avoiding crisis and providing for future sufficiency, stability and resiliency.

Contact:
253.939.6926

African American Elders:

Identifies frail, isolated and hard-to-serve African Americans and assists them in accessing and receiving needed social and health services through ongoing case management, support and referrals.

Contact:
206.328.5639

Arise:

Provides safe overnight shelter and case management in partnership with local churches for homeless men in Renton.

Contact:
253.520.4365

Alder Crest:

Alder Crest Apartments offers affordable transitional housing and related social services for low-income families.

Contact:
206.437.0341

Catholic Adoption Services of Washington State:

Whether a birth mother decides to parent or place for adoption, CCS provides adoption services throughout Washington State.

Contact:
206.328.5921 or 1-877.865.5944

Aloha Inn:

A resident-managed transitional housing program for 66 homeless adults and couples without children. Residents have a direct role in the daily operation of the program and an opportunity to participate in the governance.

Contact:
206.283.6070

Anger Management Classes:

Classes help participants develop the skills necessary for expressing anger without negatively affecting relationships with others.

Contact:
206.323.0530

Emergency Assistance:

Helps families, seniors and people with disabilities with a variety of emergency and basic needs.

Contact:
425.213.1963, ext. 2002 (east king county)
206.328.5724 (Seattle)
253.850.2523 (South king county)

FAITH:

Works with faith communities to advocate for sufficient funding to end homelessness through the production of permanent affordable housing.

Contact:
206.473.7849

Family Care:

Provides care using a solution-focused approach. Services are designed for children/youth and families with multiple and complex needs.

Contact:
206.328.5097

First Nations Housing & Recovery Family Preservation System:

Provides clean and sober housing for homeless American Indian populations.

Contact:
206.550.2812

Foster Care:

The foster care program actively recruits and licenses married couples and single people who are willing to provide temporary care to foster children.

Contact:
206.940.7421

Foster Grandparent Program:

Seniors provide one-on-one emotional support, mentoring and tutoring for children from preschool ages to 18 years at schools and other sites throughout Western Washington. Income eligible adults, ages 55 and over, receive a monetary stipend for their volunteer hours, typically 20 hours a week.

Contact:
206.328.5925



Contact: www.hope-link.org

Bellevue Location

425.943.7555
14812 Main Street
Bellevue, WA 98007

Kirkland/Northshore Location

425.889.7880
11011 120th Ave NE
Kirkland, WA 98033

Redmond Location

425.882.0241
16225 NE 87th Street
Redmond, WA 98052

Shoreline Location

206.440.7300
15809 Westminster Way N
Shoreline, WA 98133

Sno-Valley Location

425.333.4163
31957 E Commercial Street
Carnation, WA 98014

Mission: Since 1971, Hopelink has provided comprehensive social services to at-risk families and individuals throughout Washington State's north and east King County region. The Hopelink approach – promoting self-sufficiency to create lasting personal and community change – has helped move tens of thousands of people from vulnerability and crisis to independence and stability. The

agency has broadened its focus through the years from emergency intervention to include the longer term support needed by at-risk families and individuals to make lasting change. Today, Hopelink provides a full array of critical social services through more than 35 different programs, including housing, transportation, case management, financial assistance, employment programs, adult education and literacy training, a vast referral network, and five food banks.

Hopelink's mission is to promote self-sufficiency for all members of our community; we help people make lasting change.

Eligibility: *North and East King County only (Seattle residents not eligible with the exception of Financial Education)*

Services:

- Financial Education
- Education/ GED Program
- Energy/Utilities Assistance
- Housing & Rental Assistance
- Family Development/Case Management
- Food banks
- Employment Programs
- Legal Clinics
- Rota-Care free healthcare clinics
- Transportation

Financial Education:

Financial Education Classes: Hopelink has financial education classes so you can learn the best use of the money you have. There are two different financial education series to choose from: Money Smart and Keys to Financial Success. Both classes cover budgeting, goal setting, banking, credit, and consumer protection. Both are taught by instructors who are there to answer questions and help you. How they are taught and when they are offered is different. The key to changing your relationship with money is learning new skills. To begin learning new money skills call 425-250-3003 to register for classes.

Preregistration is required for all classes. Child care is not available. Schedule is for January-June 2011.

Eligibility Requirements:

- 18 years or older.
- Students must be a Hopelink client and/or a community partner client.
- ESL students must have completed ESL Level 3 or higher.

Enrollment:

- All classes are free.
- Prior registration is required for all classes (Hopelink's Standardized Intake).
- Pre-Assessment and Post-Assessment are provided.
- Classes are located at the Bellevue Center, the Kirkland/Northshore Center, and the Shoreline Center.

Policies:

- Childcare is not available.
- Children are not allowed to attend financial education classes.

Money Smart Classes: A five-week series taught by volunteer banking professionals. Students can register for the five class series or for single classes.

- Evenings
- Lecture based
- Work in small groups
- 5 two-hour sessions

Kirkland/Northshore Center – Mondays, 6:00-8:00 PM

February 28 - Banking & Checking

March 7 - Managing & Saving Money

March 14 - Consumer Protection

March 21 - Borrowing & Credit

March 28 - Your Credit History

Bellevue Center

Wednesdays, 6:00-8:00 PM

April 13 - Banking & Checking

April 20 - Managing & Saving Money

April 27 - Consumer Protection

May 4 - Borrowing & Credit

May 11 - Your Credit History

Sno-Valley Center

Tuesdays, 6:30-8:30 PM

April 19 - Banking & Checking

April 26 - Managing & Saving Money

May 3 - Consumer Protection

May 10 - Borrowing & Saving Money

May 17 - Your Credit History

Kirkland/Northshore Center

Mondays, 6:00-8:00 PM

May 24 - Banking & Checking

May 31 - Managing & Saving Money

June 7 - Consumer Protection

June 14 - Borrowing & Credit

June 21 - Your Credit History

Keys to Financial Success: Uses a variety of web-based tools to teach you how to better manage your finances. Students work at their own pace in a supportive learning environment. It usually takes 4 two-hour sessions to complete the work, but could take longer depending on the pace the student works. Sessions are offered weekly and students can begin at any time. Computers are provided. Classes are held in Bellevue, Kirkland, and Shoreline except holidays and when the centers are closed.

- Days
- Web based
- Self-paced

- 4 two-hour sessions minimum

Bellevue

January 1 - November 19 - 1:00-3:30 PM Monday

(No class Feb 21, May 30, July 4, Sep 5)

Kirkland

Weekly 9:30 AM-Noon - Wednesday

Shoreline

Weekly 9:30 AM-Noon - Thursday

(No class Nov 24)

Contact:

Tracy Greene

Financial Literacy Coordinator

425-250-3003

tgreene@hope-link.org

Education:

GED Education Program: Our GED classes are offered in a small group setting with individualized instruction. Students work on the skills that they need to pass the GED exam, learn study skills and how to be an effective student. The classes are relaxed and student-centered. Classes are offered at five locations and students can attend as many classes as their schedule allows.

Contact:

Kathy Nolan, GED Education Coordinator and Teacher: 425-457-9685

knolan@hope-link.org

ESL Programs: Contact Information for ESL Program

Contact:

ESL or ESL Citizenship classes: contact Marci Williams at marciesl@hope-link.org.

ESL Talk Times & ESL Labs, and classes in North Bend: contact Kelli Graham at kgraham@hope-link.org.

Program Coordinator Sara Kochanski at skochanski@hope-link.org

Energy/Utilities Assistance:

Hopelink's Energy Assistance Program: Helps people with low incomes to pay their winter heating bills. The program can also help people pay their Puget Sound Energy bills. This assistance is for people who rent or who own their home.

Contact:

1-800-348-7144 for appointment

Housing & Rental Assistance:

Eviction Prevention: Hopelink can help with part of your monthly rent if you are facing eviction. Hopelink can help families as well as individuals. You must have an "Eviction" or "Pay-or-Vacate" notice and live in north or east King County to get help. Please call the Hopelink center nearest to where you live for more information.

First Month's Rent: Hopelink can help with a part of the first month's rent if you are moving to a new home. You must have a "Move-In" agreement and the new home must be in north or east King County to get help. Please call the Hopelink center nearest to where you live for more information.

Emergency Family Shelter: If your family is homeless and does not have a place to live, Hopelink may be able to help you. Hopelink's shelters provide short-term housing while you look for more stable housing. A case manager will assist your family to find housing as well as other kinds of support that your family may need. Limited assistance is available for short-term motel vouchers for north and east King County households as determined appropriate by staff.

Contact:

425.556.9289

Transitional Housing: With locations in Bellevue, Bothell, Duvall and Redmond, Hopelink's Transitional Housing Program helps families that need more support to get a safe, affordable place to live. Families can live in transitional housing for up to two years. During that time, families work with their case manager to help determine and reach goals that will improve their quality of life. Case managers help families in many ways. This help can include improving their credit, managing their money, writing a résumé, finding a job, learning more parenting skills, and finding safe, affordable permanent housing.

Contact:

425.556.9289

Family Development:

Family Development Program: Is a free voluntary case management program that helps families move toward self sufficiency. A Family Development Specialist is available to develop a long-term partnership with your family to help you achieve success. We will help your family set short and long-term goals toward improving your finances, employment, housing, education and family relationships. If you live in north or east King County, are low income, and have at least one child under the age of 18 living with you, the Family Development Program can help your family find important resources within your community that will help you make lasting change.

Contact:

Family Development Program
Emili Fletcher
425.250.3032

Food Bank:

Food Banks for Low-Income People: These food banks are located in Bellevue, Redmond, Kirkland, Carnation, and Shoreline. Hopelink has many different types of food available. Some of the food items available are canned foods (soup, vegetables, protein, etc.), dry food (rice, pasta, etc.), fresh fruit and vegetables, fresh meats, dairy products, and bread. Also, Hopelink is sometimes able to give paper products, soap, toothpaste and other non-food items. Food banks are open during the day for everyone and in the evening for people who work or are in school. Hopelink can also make home deliveries of food to homebound individuals.

Contact:

Please call the center nearest to where you live for more information or to make an appointment to sign up for food bank.

Employment Program:

The Employment Program: Helps Hopelink clients find and develop a career. A Job Developer helps with setting goals and developing an action plan. This action plan often includes: employment workshops, writing a résumé and cover letter, searching for jobs online, doing practice interviews, and talking about more education. The Employment Specialist works on strengths you already have. This helps you move forward to self-sufficiency.

Contact:

425-885-0043 x100

Legal Clinics:

The **FREE clinic** is at the Hopelink center in Bellevue on Wednesdays from 7:00 PM to 9:00 PM. You must make an appointment to talk to an attorney. Please call 206-267-7070 Monday through Thursday between 9:00 AM and 12:00 Noon to make an appointment.

Eastside Legal Assistance Program (ELAP) also helps people who live on the Eastside with legal problems. ELAP has different clinics for different kinds of legal problems.

Immigration Clinic: The immigration clinic is at the Hopelink center in Bellevue twice each month.

Family Law and Domestic Violence Clinic: A general clinic is at the Kirkland/Northshore center twice each month. You must make an appointment to go to a clinic.

Contact:

Please call 425-747-7274 to make an appointment for any of the legal clinics.

If you speak only Spanish or Russian, please call 425-747-1663 to make an appointment.

For more information, please call 425-943-6737.

The Eastside Legal Clinic can give you advice on civil legal problems. The clinic has volunteer attorneys (lawyers) who will meet with you for 30 minutes for free.

RotaCare Free Health Clinic:

RotaCare Free Health Clinic: Offers free basic medical care and medicines to men, women and children. (RotaCare does not offer preventative care, school immunizations or physicals of any kind.) You may come to the clinic if you do not have medical insurance and do not have the money to pay the full cost of a regular doctor's visit. You do not need an appointment for RotaCare Clinic. The clinic is held at the Hopelink center in Bellevue on **Saturdays from 9:30 AM to 11:30 AM.**

Transportation:

Medicaid Transportation: Do you receive Medicaid assistance? If you do, Hopelink may be able to help you get rides to and from your medical appointments. For more information, please call **1-800-923-7433. DART (Dial-a-Ride Transit)**

King County Metro has hired Hopelink to operate DART (Dial-a-Ride Transit). DART buses have a set schedule like regular Metro Transit buses. In some areas of King County, the routes are flexible. This means they can pick up people who might not live near a regular Metro stop. To make an appointment for a Metro DART ride, **please call 1-866-261-3278**. For more information on Hopelink's transportation services, **please call 425-943-6789. TDD/TTY line: 1-800-246-1646**.

Bellevue EZ Rider Free Connector Bus: Do you need to travel in the East Bellevue area and do not have transportation? The free Bellevue EZ Rider Connector service may be able to help. Be dropped off or picked up at any of the 20 stops. Use Bellevue EZ Rider to reach King County Metro or Sound Transit bus stops and community services. The Bellevue EZ Rider covers Overlake Park & Ride to Eastgate Park & Ride and from I-90 to West Lake Sammamish Parkway NE. For more information, **please call 425-943-6787**.

Getting Around Puget Sound:

Do you want to travel to lots of places? Not sure how to get there? Meet with us to talk about all the many options: bus, taxi, volunteer driver, van pool, etc. Cost: Free. Come see us for help with your transportation questions:

Hopelink, Bellevue Center:

1st Tuesday of the month, 10:00 AM – 1:00 PM

2nd and 3rd Thursday of the month, 10:30 AM – 1:00 PM

4th Tuesday of the month 4:30 PM, – 7:00 PM

North Bellevue Community Center:

2nd Monday of the month, 10:00 AM – 2:00 PM

Contact:

Main number for Transportation: 425-943-6769

For more information or to schedule an appointment for transportation services in Snohomish County, please call: 1-855-766-7433.



Contact: <http://www.multi-servicecenter.com/>

Main Contact Number: 253.838.6180

Multi-Service Center has two locations:

In Federal Way: 1200 S. 336th St. (253) 838-6810. Open 8:30 a.m. to 5 p.m. Mon-Fri.

In Kent: 515 W. Harrison St., #205. (253) 854-4405. Open 8:30 a.m. to 5 p.m. Mon-Fri.

Eligibility: *Multi-Service Center serves residents of the following cities: Algona, Auburn, Black Diamond, Burien, Covington, Des Moines, Enumclaw, Federal Way, Issaquah, Kent, Maple Valley, Newcastle, Normandy Park, Pacific, Renton, SeaTac, Seattle, Tukwila, Vashon, and unincorporated areas of South King County. Multi-Service Center also operates housing in some areas of Pierce County.*

Services:

- Housing
- Employment
- Energy/ Heating Bills
- Advocacy for Eldery
- Food and Clothing Banks
- Education

Housing:

Located in South King and Pierce Counties.

- Emergency shelter for homeless families
- Transitional housing for families and individuals
- Permanent supportive housing
- Low-income rental apartments:
 - Maple Lane: (253) 867-1558
 - Victorian Place: (206) 824-7022

- Mansard Estates: (253) 218-0334
- White River Apt: (253) 218-0334
- Villa Capri: (253) 941-3157
- Fern Hill in Tacoma: (253) 475-0482
- Seniors only:
 - Mitchell Place: (253) 661-7011
 - Radcliffe Place: (253) 631-8505
 - Rainier View: (253) 896-2696

Main contact: 253.838.6810

Employment:

We may be able to help you with your job search, interviewing skills and applications. Call for details. Opportunities available for youth and adults.

Contact: 253.838.6810

Energy/ Heating Bills:

Having trouble paying all or parts of your home heating bill? Multi-Service Center might be able to help you. Call to schedule an appointment and to see if you qualify.

Contact: 800.348.7144

Advocacy for the Elderly:

If you or a family member lives in a nursing home, assisted living facility, or adult family home, and are concerned about quality of care, Multi-service Center's Long Term Care Ombudsman Program can help resolve your complaints.

MSC Federal Way Food Bank is open to all who live within the Federal Way School District, or in zip code 98422 of Tacoma. Hours Open: Monday, Wednesday and Friday, from 10 a.m. to 2 p.m. **Bring:** a bag or box to carry food, a photo ID, a piece of mail less than 30 days old with your name and address on it, and your social security card. If you aren't physically able to stand in line, the food bank opens at 9:30 a.m. (You need a doctor's note stating that you are unable to stand in line.)

Contact: 1800.562.6028
Food (253)838-6810 ext. 163

Food & Clothing Bank:

Clothes, shoes, and household goods are free through the MSC Clothing Bank. Professional clothes are available for job interviews. Open Monday, Wednesday and Friday, 10 a.m. to 2 p.m. Bring same documents as food bank (listed above). Available to residents of South King County.

Contact: 253.838.6810

Education:

GED Program

English as a Second Language (ESL) Program

Basic reading, writing and math Program (adults)

Classes are small enough that students receive individualized attention.

Contact: 253.838.6810 ext. 118



Contact: www.nhwa.org

Mission: Neighborhood House is a non-profit organization serving diverse communities of people with the limited resources to attain their goals for self-sufficiency, financial independence, health, and community building. We provide Community Health, Early Childhood Education, Employment & Adult Education, Family & Social Services, Transportation, and Youth Education programs to the low-income families especially to the large public housing communities in Seattle and King County, and other general public.

Eligibility: *Individuals requesting services involving monetary assistance must meet income guidelines. Classes and other activities do not require income guidelines.*

Services:

- Financial Education
- Community Health
- Early Childhood Education
- Employment and Adult Education
- Family & Social Services
- Youth Education & Services
- Transportation

Financial Education:

Basic Banking: Intensive 4-week sessions on Basic Banking to new refugees in our Limited English Proficient Pathways to Employment Program. Offered quarterly.

Financial Basics at the High Point Center in West Seattle: Weekly classes focusing on budgeting, credit, checking and savings accounts and other banking basics. Complete course is 5 weeks.

Family Finances: Various times throughout the year.

Basic Budgeting: For Low Income Heating Assistance Program participants through a partnership with CAMP. Monthly

Emergency Financial Management: For formerly/soon-to-be homeless families: Topics will include household budget, paying rent on time, decreasing expenses and other topics related to maintaining housing.

Financial Empowerment Workshops/Pathways to Financial Stability: 3 week sessions on financial empowerment and asset building.

Contact:

Jay Kang
206.461.4522 ext. 202

Community Health:

Project HANDLE: Promoting healthy choices: Project HANDLE draws on successful cultural organizations and the power of peer education to spread messages about the dangers of substance abuse, HIV-AIDS and other health issues facing immigrant communities.

Contact:

Warya Pothan
206.461.4522

The Community Advisory Coalition: The Community Advisory Coalition started through the grassroots efforts of local youth, parents, and adults concerned with the increasing rate of substance abuse in their community.

High Point Healthy Homes and Communities - Mobilizing residents for health: We focus on environmental health and justice by helping low-income residents of the High Point community advocate for change in their neighborhood. The group is currently working on pedestrian safety issues, meeting with local and state officials to ask for additional crosswalks and traffic lights.

Contact:

Denise Sharify
206.923.3266.

Early Childhood Education:

Head Start: preschool programs for children ages 3-5

Early Head Start: Support for the whole family: Our Early Head Start Program serves low-income families with children from birth to age 3 (as well as expectant parents) who live in or near any of Seattle Housing Authority's family communities.

Parent-Child Home Program: Neighborhood House provides home-based services to children between 2 and 3 years old.

Contact:

Kathee Richter
206.461.8430 ext. 244

Employment and Adult Education:

Job training and career services: Starting a career for life.

ESL for jobs: A fresh start for a new country.

Rainier Vista Technology Center: Getting ahead with the help of technology.

Contact:

Amy Kickliter
206.461.4554 ext. 29

Family and Social Services:

Case management services

Citizenship services

Senior services

Helpline

Community building: Reaching out to connect neighbors

Contact:

Jay Kang
206.461.4522 ext. 202

Youth Education:

Youth Tutoring & Resource Centers: Tutoring for youth ages 6-18.

Substance Abuse Prevention: Programs for middle school ages.

School & Family Partnerships: Strengthening bonds to promote education.

Out of School Youth Program: Career counselors at West Auburn High School.

CASASTART: school based case managers for middle school children, helping them stay free of drug and criminal involvement

Contact:

Colin Sexton
206.461.4554

Transportation:

Van Transportation: Our fleet of vans provides low-cost, door-to-door transportation to low-income people, the elderly and those with disabilities who need special help getting to medical appointments or community events. We also transport low-income people to job search and job training activities.

Contact:

Bill Eby
206.461.8430 ext. 237



ReWA

Contact: www.rewa.org

Main office contact: 206.721.0243

Mission: Refugee Women's Alliance (ReWA) is a multi-ethnic, community-based organization that provides comprehensive culturally and linguistically appropriate services to refugee and immigrant communities throughout King and Snohomish Counties. Today, ReWA operates from 11 sites in King and Snohomish Counties, and is comprised of 140 staff members with the capability of speaking 37 different languages and dialects.

Eligibility: *ReWA serves low income refugee and immigrant clients. Eligibility and intake varies by program for additional information contact 206-721-0243*

Services:

- Financial Education
- Developmental Disabilities
- Domestic Violence Advocacy
- Early Childhood Education
- Education & Vocational Training
- Family Support
- Licensed Behavioral Health
- Parent Education
- Senior Nutrition & Wellness
- Youth Program

Financial Education Classes:

Financial Literacy Level 1: U. S. banking systems, benefits of checking and saving accounts, how to open checking and savings accounts, online banking, ATM use, budgeting, importance of credit in the U.S., predatory lending and identity theft will be covered in class.

- **Winter quarter 2011** (3/11, 3/18, 3/25, 4/1 from 9 AM to 11 AM) Offered at ReWA Main Offices, 4008 Martin Luther King Jr. Way S. in Vietnamese, Burmese, Bhutanese, Nepali and Amharic/Tigrinia and Somali, and at our SeaTac location 15245 International Blvd. in Burmese Bhutanese, Nepalese, Somali and Iraqi.

- **Spring quarter 2011** (5/20, 5/27, 6/3, 6/10 from 9 AM to 11 AM) Offered at ReWA Main Offices, 4008 Martin Luther King Jr. Way S. in Vietnamese, Burmese, Bhutanese, Nepali and Amharic/Tigrinia and Somali, and at our SeaTac location 15245 International Blvd. in Burmese Bhutanese, Nepalese, Somali and Iraqi.
- **Summer quarter 2011** (8/5, 8/12, 8/19, 8/26 from 9 AM to 11 AM) Offered at ReWA Main Offices, 4008 Martin Luther King Jr. Way S. in Vietnamese, Burmese, Bhutanese, Nepali and Amharic/Tigrinia and Somali, and at our SeaTac location 15245 International Blvd. in Burmese Bhutanese, Nepalese, Somali and Iraqi.
- **Fall quarter 2011** (10/7, 10/14, 10/21, 10/28 from 9 AM to 11 AM) Offered at ReWA Main Offices, 4008 Martin Luther King Jr. Way S. in Vietnamese, Burmese, Bhutanese, Nepali and Amharic/Tigrinia and Somali, and at our SeaTac location 15245 International Blvd. in Burmese Bhutanese, Nepalese, Somali and Iraqi.

Financial Literacy Level 2: Car and home loans, credit cards and building credit, financial planning including goal setting and building savings and home equity will be covered in class.

- **Summer quarter 2011** (7/8, 7/15, 7/22, 7/29 from 9 AM to 11 AM) Offered at ReWA Main Offices, 4008 Martin Luther King Jr. Way S. in Vietnamese, Burmese, Bhutanese, Nepali and Amharic/Tigrinia and Somali and at our SeaTac location 15245 International Blvd. in Burmese Bhutanese, Nepalese, Somali and Iraqi.
- **Fall quarter 2011** (11/18, 12/2, 12/9, 12/16 from 9 AM to 11 AM) Offered at ReWA Main Offices, 4008 Martin Luther King Jr. Way S. in Vietnamese, Burmese, Bhutanese, Nepali and Amharic/Tigrinia and Somali and at our SeaTac location 15245 International Blvd. in Burmese Bhutanese, Nepalese, Somali and Iraqi.

Developmental Disabilities:

Support, home visits and advocacy for families with special needs children.

Domestic Violence:

Legal assistance, community outreach, education, and case management services for victims of DV, sexual assault, and human trafficking.

Early Childhood Education:

Licensed childcare centers providing accredited education with a rich, culturally appropriate curriculum.

Education & Vocational Training:

ESL/ pre-employment training and support for successful employment.

Family Support:

Comprehensive support to help families achieve self-sufficiency.

Licensed Behavioral Health:

Consultation, counseling and workshops.

Parent Education:

Support and education for parents raising their children in a new country.

Senior Nutrition & Wellness:

Nutrition, exercise and outings to engage seniors in their communities.

Youth Program:

Support of academic excellence while building youth leadership skills.



Contact: www.solid-ground.org

Mission: Founded in 1974 as a small neighborhood program in Seattle, Solid Ground serves more than 50,000 people in King County from Shoreline to Burien and Federal Way and beyond. For more than 35 years, Solid Ground has championed social justice and pioneered innovative programs that give families with low incomes greater opportunities to access healthy food, secure and maintain adequate housing, increase independence through practical support services, and learn how to effectively advocate for themselves.

Eligibility: *Individuals requesting services involving monetary assistance must meet income guidelines. Classes and other activities doesn't need income guidelines*

Services:

- Financial Education
- Shelter and Housing
- Food and Nutrition
- Care for Seniors and People with Disabilities
- Advocacy and Community Support

Financial Education:

Financial Skills Boot Camp and Personal Coaching: We teach money management courses on budgeting, bank accounts, credit repair, avoiding predatory loans and saving for a house, car or education. Call 206.694.6776.

Classes:

- 1) **Financial Fitness Boot Camp:** Solid Ground's Financial Fitness Instructor leads free Boot Camps at partner organizations throughout King County, teaching participants about responsible credit, effective banking, creating a budget, initiating a savings plan and more. Twenty to 25 workshops are held throughout the year at partnering organization sites. Solid Ground's Financial Fitness instructor also provides one-to-one coaching for up to six months.

To sign up for Financial Fitness Boot Camp or enroll in one-on-one coaching, contact Judy Poston at (206) 694- 6864 or financialfitness@solid-ground.org.

2) Let's Talk About Money: **Let's Talk About Money** is a four-week class series held at Solid Ground's Broadview housing program to educate residents about: 1) how to create and stick to a reasonable budget, 2) the pitfalls of predatory lending and pay day loans, 3) the basics of opening and managing checking and savings accounts, 4) detailed information on how to clean up poor credit history and manage debt, and 5) other scenarios specific to participants. Class series are held 8 – 10 times a year at Broadview. **Let's Talk About Money classes are limited to Broadview residents.**

Shelter and Housing:

Broadview Emergency Shelter & Transitional Housing: We provide a safe haven for homeless mothers with children at a secure location. Families also receive case management, children's programs, domestic violence and addictions support groups, parenting classes and housing search assistance. **Call 206.299.2500 or Toll Free: 1.877.622.3122.**

Family Shelter: We provide shelter for single- and 2-parent families in furnished apartments located in Seattle's northend. Families also receive support services, comprehensive case management and housing search assistance. **Call 206.694.6836.**

Family Shelter's Bethlehem House: We provide transitional housing in a West Seattle home for one large or multigenerational family with kids, whose size makes it hard to find space in other shelters. Families also receive support services, comprehensive case management and housing search assistance. **Call 206.694.6836.**

Housing Counseling: We counsel homeowners and tenants at risk of losing their homes due to eviction and foreclosure, including help negotiating with lenders and landlords. **Homeowners call: 206.694.6766; Tenants call: 206.694.6767.**

JourneyHome: We provide long-term case management for homeless families with children under 18 years old to help them address the reasons they became homeless. We provide support services, comprehensive case management, assistance finding safe, permanent housing and limited transition-in-place subsidies. **Call 206.694.6734.**

King County Housing Stability Project: We provide one-time loans and grants for renters and homeowners at risk of eviction or foreclosure due to short-term financial trouble. We also help homeless people with the costs of moving into permanent housing. **Call Community Information Line: 2-1-1, 206.461.3200 or 1.800.621.4636.**

Sand Point Santos Place: We provide transitional housing for homeless single men and women. Our mutual housing model encourages residents to contribute to onsite programming and management through monthly Resident Council meetings. **Call 206.529.9224.**

Food & Nutrition:

Food Resources: We deliver food to and coordinate activities for Seattle food banks — and we can help you find the food bank closest to where you live. **Call 206.694.6756.**

Food Security for Children: We deliver baby food, formula and healthy foods for toddlers to selected Seattle food banks. We also host free “Baby Boost Information Fairs” with nutrition information and resources to help low-income families raise healthy children. **Call 206.694.6755.**

Lettuce Link: We supply Seattle food banks with fresh organic produce grown in local gardens. We also offer gardening information, seeds and plant starts to help people grow their own food. **Call 206.694.6754.**

Operation Frontline: We teach free 4- to 6-week cooking and nutrition classes for kids, adults and families to help low-income families budget, shop smart and prepare nutritious, low-cost meals. **Call 206.694.6846.**

Care for Seniors & People Living w/ Disabilities:

Partners in Caring: We coordinate community-building activities for people living in selected Seattle Housing Authority buildings — such as health and fitness activities, meals and presentations. **Call 206.694.6731.**

Seattle Personal Transit: We provide door-to-door transportation for anyone physically unable to ride the regular King County Metro bus system. **Call Metro Access Ride Line: 206.205.5000.**

Advocacy & Community Support

Community Voice Mail: We provide voice mailboxes for homeless and/or phoneless people to help them find jobs or housing. The service is free to clients of Solid Ground programs and many local social service agencies — and others can rent a voice mailbox for a small fee. **Call 206.694.6771.**

Family Assistance: We provide free legal services to help families and individuals get their public assistance benefits. **Call: 206.694.6742**

Long-Term Care Ombudsman Program: We advocate for people who live in nursing, boarding, adult family and veterans’ homes. We help residents understand their civil rights and ensure that their concerns and complaints are heard and addressed. **Call the King County Intake & Information Line 206.623.0816.**

RSVP (Retired Senior & Volunteer Program): We match senior volunteers with a wide range of community opportunities. Sign up to feed hungry people, help make our communities safer, teach children to read or engage in other volunteer work. **Call 206.957.4779 x116.**

Statewide Poverty Action Network: We work to end the root causes of poverty by helping low-income people make their voices heard. Get involved! Vote and help register others — and speak out to the public and our legislators on the issues that matter to you. **Call 206.694.6794 or Toll Free: 1.866.789.7726.**



Contact: www.washingtoncash.org

Mission: Washington CASH mission is to provide the business training, supportive community, and capital to help enterprising individuals with limited financial resources gain self-sufficiency through small business ownership.

Washington CASH provides the support that entrepreneurial, disadvantaged individuals need to create successful, sustainable businesses. We provide a peer lending microenterprise development program specifically targeted to entrepreneurs with low incomes in the Puget Sound region.

Eligibility:

1. To sign up for Washington CASH's Business Development Training course (the entry point into Washington CASH), please go to <http://washingtoncash.org/grow-your-business> and click to sign up for a Get Ready Workshop, which orients incoming clients to the program and provides entrepreneurial readiness training. You can also call (206) 352-1945, and speak to Irene Akio, Program Assistant, or email irene@washingtoncash.org.
2. Clients with low household incomes have all fees waived, and only a \$40 workbook fee is required on the first day of class. Please go to <http://washingtoncash.org/grow-your-business/member-fees> to see if your income qualifies. A limited number of people at or below 80% of the area median income but above our income qualifications are also accepted.

Services and Products:

- Business training course for small business development
- Lending from \$1,000-\$5,000 provided in a peer-group format
- Individual loans from \$5,001-\$35,000
- Business group facilitation
- Volunteer business mentors
- Individual Development Accounts
- Group business workshops
- One-on-one technical assistance
- Retail store providing access to markets and retail incubator services
- Business incubator services, and 11) Financial literacy / credit-building training.

Business Development Training Classes:

Washington C.A.S.H. provides a 15-session Financial Management Certification Program (FMLP) provides money management tools specifically needed by fledgling business owners, to help clients build their business and new livelihoods.

Financial Foundations: Emphasizes personal budgeting, traditional banking, building assets, money memory, and savings goals during four sessions.

Credit Improvement: Results in confidential, customized plans for our entrepreneurs to help them improve their credit scores.

Business Financials: Helps clients to improve their business profit and loss, C.A.S.H. flow, taxes, and business asset building.

Investments: Participants learn how to build savings, assets and wealth.

We offer the financial management program twice per year. The 2011 FMCP courses will be held:

- January 12th – April 27th – Wednesday evenings 6:00-8:30pm
- July 6th – Sept. 26th – Wednesday evenings 6:00-8:30pm

Spring 2011 Get Ready Workshops: Orient incoming clients and provide entrepreneurial readiness training. Dates for the Spring Get Ready Workshops are: March 14th in Kent, March 22nd in Bremerton, March 26th in Seattle, March 28th in Kent, April 2nd in Tukwila for the Latino Program and April 9th in Tukwila for the Latino Program.



Contact: <https://ywcaworks.org>; Main contact number: 206.461.4888

Mission: The YWCA's mission is to advance the quality of life for women of all ages, races and faiths, and their families. In support of this mission, the YWCA provides services to meet critical needs, promote self sufficiency, reduce violence, eliminate racism and achieve equal opportunities for all people.

Eligibility: *Varies by program (see below)*

Services:

- Financial Education
- Housing
- Domestic Violence
- Employment Assistance
- Health
- Youth

Financial Education Classes:

The YWCA offers financial literacy classes specifically for survivors of domestic violence, titled **"Hope and Power for your Personal Finances."** It's a 10-week series that is offered in both English and Spanish. In the series we cover traditional financial topics such as setting goals, budgeting, checking accounts, savings, and credit. We also cover topics that specifically relate to the women in the program, including safety planning, education, employment, housing programs, and legal assistance. Women who are interested may contact **Jennifer Quiroz** for location and schedule information: 425.226.1266 x1036

May 16th through August 1st 2011 in a confidential location in South King County. Classes will be every **Monday afternoon from 12:00—3:00 pm**. ***Childcare will be provided on site and transportation assistance is available.***

We will be offering our Spanish-language class, **Esperanza y Poder Para Tus Finanzas Personales** for domestic violence survivors over the summer.

The YWCA partners with the United Way Free Tax Preparation Program to provide two tax-preparation sites in 2011. The locations are the YWCA Learning Center at Greenbridge and the

Federal Way King's Court Community Center. For more information and the schedule of the free tax preparation program, please see the [United Way](#) website.

The YWCA partners with both [Highline Community College](#) and [South Seattle Community College](#) to provide workshops on preparing to return to school. These workshops will help participants determine what course or area of study to pursue, how to apply, and what financial aid resources are available. To find out about the next workshop scheduled please call **206-336-6981**.

[Highline Community College](#) and the YWCA together offer I-BEST (Integrated Basic Education and Skills Training) Business Technology classes at the YWCA Greenbridge site. The classes are designed for students who need to strengthen their English language proficiency while also learning more about computers. For more information please call **Eden Woldu at 206.336.6965**.

Housing Services:

Eligibility: Must be currently homeless.

Contacts:

Suburban King County: 425.226.1266

Seattle: 206.461.4882

East Cherry: 206.568.7845

Snohomish County: 425.258.2766

Emergency & Transitional Housing:

Provides temporary housing, case management, housing advocacy and referral to homeless single woman and families with children.

Angeline's Day Center: Drop in center for homeless women

Contacts:

Seattle: 206.461-3660

Bellevue: 425.451.8519

Permanent Affordable Housing:

Eligibility: Income @ 30% AMI

Contacts:

Seattle: 206.461.3660

Snohomish: 425.774.8843 x232

Suburban King County: 425.226.1266

Domestic Violence Services:

Eligibility: Victims of domestic violence.

Contacts:

Suburban King County: 425.226.1266

Seattle: 206.461.4882

Shelter: Provide short term shelter and case management

Children's Domestic Violence Services: Provides services to counteract the potential harmful effects of domestic violence on children who have witnessed intimate partner violence.

Legal Advocacy: Provides legal and court advocacy for victims.

Community Advocates: Provide victim support groups and specialized services for African American women.

Employment Services:

Eligibility: Varies by program.

Contacts:

Suburban King County: 425.226.1266

Seattle: 206.461.3660

Career Development Centers: Seattle, White Center, Redmond Work Source

King County Jobs Initiative: Provides employment services, job training to ex-offenders re-entering the work force.

Homeless Intervention Program: Provides employment services to folks who are homeless.

Employment/Housing Stability Program: Provides employment services, case management for permanent jobs.

Green Light Project: Assists participants with Green Sector jobs.

Basic Food & Employment Program: Provides employment services to folks receiving food stamps.

Health:

Eligibility: varies by program.

Contact:

Seattle: 206.461.3660 or 206.461.4888

Babes Network: Provides peer support for women/families affected by AIDS

Community Mental Health: Mental Health Counseling

Health Care Access: Provides homeless participants access to free or low cost medical services

Women's Health Outreach: Provides peer outreach, education to diverse community of women.

Youth:

Eligibility: varies by program.

Contact:

Greenbridge: 206.336.7000

Seattle: 206.461.4888

Greenbridge Youth Employment (Residents of Park Lake II Apts. only)

Young Parent Program: Housing/employment, parenting classes & case management to teen parents.

YWCA Girls First: Provides encouragement, leadership, instills confidence in girls of color.